

Antorian

VOLUME XVI, NUMBER 26

GREENSBORO, NORTH CAROLINA, FRIDAY, JULY 9, 1943

FOUR PAGES TODAY

Cone Memorial Y.M.C.A. Getting Pauline Woosley Cl Set For A Stay-At-Home Camp

Camp To Begin July 12 Running Through July 24th. Ages 9 to 15

The Cone Memorial YMCA will hold a stay-at-home camp for boys beginning July 12th and running thru July 24th. There will be a period from July 12th thru July 17th for the White Oak boys and a period from July 19th thru July 24th for the Proximity boys.

The camp will be held at the White Oak YMCA and at the Proximity YMCA each day from 8:00 A. M. until 12:00 P. M. A regular schedule be run from Flag raising to Taps each day and the final day in each period will be an overnight hike with full equipment into a nearby forrest.

The staff for the White Oak camp will be composed of the following fellows who have grown up in our Patterson, aquatic examiner; Eugene Stone, craft counselor; C. L. Peters, director and Rev. B. A. Sisk, religious director. This is just a partial list and some more will be added by the time camp opens. The staff for the Proximity camp will be announced in the next issue of the Textorian.

All boys between the ages of 9 15 years of age who would like to attend the Stay-at-Home camp at either White Oak or Proximity be sure and get an application blank from Mr. Peters and fill it out and get it back as quickly as you can, because first come is first served and we have a quota of fifty boys for each camp.

White Oak and one week at Proxi-v so get a blank, fill it out and e to the Stay-At-Home camp,

Miss Eileen Johnson Weds S/Sgt. Roberts

Miss Eileen Johnson and Staff Sgt. Clayton Roberts were united in mar-riage Friday, July 2, in a formal cereat the Post Chapel at Camp Ste-

are home from a week's stay at Myrtle dore Truitt at Sedgefield.

of the Marine Corps, who has been entering the service.
in the South Pacific the past two and Mrs. Margery Co



MODERN NAVIES USE AIR POWER right along with the big guns of battleships. This striking new picture shows a formidable force of British aircraft carriers acting as part of an escort of an important convoy in the Mediterranean. In foreground are Hurricane fighters ranged ready on the flight deck of H.M.S. "Victorious," from which the picture was taken. Right behind is Britain's newest aircraft carrier, the "Indomitable," followed by the "Eagle." A cruiser brings up the rear.

Income Grows Bigger But No Mrs. Erwin Ham Is You will receive instruction in craft work, nature study, bird lore; Indian lore, woodcarving, Bible study and also lore, woodcarving, Bible study and also lore, woodcarving or member it is for one week long to be study and also lore, woodcarving or member it is for one week long to be study and also lore, woodcarving or member it is for one week long to be larger for a mis-

kind of money, the Office of War Information said recently.

In July 1940, the month the "dewart, Ga. Mrs. Roberts was lovely in American-man, woman or child-rewhite with her bridal veil and arm ceived about \$47.92 in income. (The

Seaman David Byrd, who is with

Available Goods Drop Oil
As War Materials Being
Produced In Large Quantity
The average American's income is a lot bigger than it was in the middle of 1940, but it isn't exactly the same kind of money, the Office of War In-

In July 1940, the month the "de-fense" program began, the average American—man, woman or child—see that those 53 ½ dollars spent for war. while they were getting to men's Those attending were: Mesdames I pockets in the form of wages and pro-

Aaron Pinkleton, who has been at received word that Lewis had landed Keesler Field. Miss., has been promoted safely overseas, somewhere in the a part, though by no means the major.

The Revolution Community Club gomery. o Pfc. and transferred to Scott Field. Mrs. H. A. Morris spent several days with her daughter, Mrs. Theo-tre home from a week's stay at Myrtle deach.

Mrs. Clarence Straughan of the increase in income. In the citud uning to gain by putting the rest of his extra income program. A good crowd was in attendance despite the rain.

Miss Dorothy Garner spent the week

Miss Dorothy Garner spent the met Friday night in the citub cluming more form a sandwich supper before the program. A good crowd was in attendance despite the rain.

Miss Minnie Williams of Carthage spent the week end with her mother, July 13th at 7:30 P.M. There will

what he needs to live are these!

White Oak Girl Scouts and David Byrd, who is with the Merchant Marines, is home on a four-day furlough. He has been staffernoon. Sgt. Robert Hearn, a member tioned at Hoffman Island, N. Y., since in the South Pacific the past two and a half years and saw action at Guadal-canal and the Solomon Islands, has Avery (Buck) Coble, who is at nearby

just completed his thirty-day furlough with his parents, Mr. and Mrs. Hearn.

17th street, and has been appointed instructor at the Marine Base at New River, N. C.

Staff Sgt. Rockford Hill, member of the Wilder Division has been home. THE FIRST NEW. LOW-COST. miniature "lighthouse" has been in-

White Oak Friendly **Indians Baseball League High Spots**

Giants Are Winners Of The First Half; Second Half To Soon Get Under Way

playing some of the games in their flag for the boys in service Such games as when the Phils nosed two sick members. Such games as when the Finds door up the Red Sox by the score of 12 to 11, and when the Giants beat the Phils but all members are urged 11, and when the Giants of a table but all members are big.
5 to 3 or better still when the lowly the August meeting. At the close of the meeting the hostess assisted by and plenty more like them have been Mrs. Bumgarner served refreshments to and plenty more like them have been played off in the sandlot at White Oak the following: Mrs. J. B. Gardner, school and it has been good clean Mrs. R. C. Goforth, Mrs. C. F. Noah.

fielder and a powerful hitter. The Red Sox and Phils are tied for second slot with the Reds trailing in last place. Games are held each Tuesday and Sox led by Billy Brown and the Phils led by John Lee Tippett both say they are going to win the second half. The

Available Goods Drop Off 1940. War expenditures had pushed cellaneous shower honoring Mrs. Er-

Explanation of why the citizen did and white, as were also the refreshnot have to pay on the spot is a com- ments of ice cream, cake and mints.

Those attending were: Mesdames L.

for him to do with it after buying what he needs to live are these!

Pay debts so he'll be out of the red when money is scarcer.

Pay taxes to settle for as much of the war now as he can.

Buy bonds so he'll have money later.

Polickson, of Buffalo Presbyterian church. Johnny Harris' String band delighted the group with several selections. After the program a short business ression was held and committees were named for the August meeting.

Prox. Baby Clinic

Nrs. H. E. Willett is improving attendance is expected.

Coll. Harry Childrey of Los Angeles, Calif. is spending a 6 day furlough with him mother, Mrs. W. H. Childrey.

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Wrs. H. E. Willett is improving attendance is expected.

Rece. Mrs. J. H. Wrenn. Mrs. G. R. Holland, Mrs. J. B. McIntire, Mrs. B. L. Hussey is visiting her time with Mrs. Wilson's mother, Mrs. W. E. Summers in Newport News, Va.

Prox. Baby Clinic

NOTICE:-

Pauline Woosley Glass

During Month Of July; Votes To Send Flowers

Monday night at the home of Mrs. Mrs. Joe Hobby conducted the de-otional and the class sang, "Stand Up For Jesus".

The class voted to send flowers to members sick in hospitals and the following committee was appointed to erve: Mrs. C. F. Noah, chairman, Mrs. The first half of the White Oak R. C. Goforth, Mrs. A. S. Arnold and

Two sunshine boxes were sent to

school and it has been good clean Mrs. R. C. Goforth. Mrs. C. F. Noau, Mrs. J. M. Aldridge. Mrs. Claud Seabolt, Mrs. Jor Hobby and Mrs. A. S. Arnold. A special guest at the meeting was Mrs. Fletcher Smith.

Final Services Held For F. W. Montgomery Friday morning at 9:15 A. M. and the play is fast and furious. The Red Last Tuesday Afternoon

Final rites were held last Tuesday afternoon at 4 o'clock at Forbis and Reds led by Buddy Summers and Eugene Russell have not said much, but 69, who died at the home of his son. Harry P. Montgomery, 2208 Hubbard street, Revolution, last Sunday, after suffering declining health for the past two years. The body remained at the

> Rockingham county, but had lived in Montgomery, Greensboro, and J. A. Montgomery, with the United States army, address unknown; four daughters, Mrs. J. M. Denny, Miss Vera Montgomery, Mrs. G. L. Houston and Mrs. Janie Lowdermilk, all of Greensboro; one brother, J. A. Montgomery gomery, Greensboro, and five grand

NOTICE:—

City, Utah, is spending some time with his mother, Mrs. Phil Williams.

McDonald were new members at the to relatives in Lexington.

Coal Must Be Ordered Now To Be Sure Of Winter Heat No Meeting To Be Held

The Pauline Woosley Bible class of

the Proximity Methodist church met

YMCA Friendly Indians baseball leading Mrs. J. M. Aldridge. The members of gue is now over but the boys are still the class also decided to purchase a

There will be no meeting in July

NEWS ITEMS

Volunteer

Corp. Joseph Caddell. of Green- Rev. Baby Clinic wood, Miss., spent several days with his parents, Mr. and Mrs. A. C.

Miss Helen Lefler has returned after Kenneth Vaughn. spending a week's vacation with her parents, Mr. and Mrs. Earl Lefler, in Special Notice!

Pfc. Walter Snow and William F.

W. O. Baby Clinic

Staff Sgt. Roberts is the son of C. Roberts and the late Mrs. Roberts.

War has made a great difference to the American pure. In April of this Army two years in Trinidad and was years in the work in January in Americans to buy.

White Oak Locals

Aaron Pinkleton, who has been at received word that I served.

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Neese.

Way Memorial Methodist church will

Mr. Archie Baynes of Charlotte K. Carter.

Miss Minnie Williams of Carthage meet at the welfare building Tuesday, spent the week end with relatives here. Mr. To for him to do with it after buying votional was conducted by Rev. A. P.

What he needs to live are these!

After supper a most inspiring descent the week end with her mother, July 13th at 7:30 P.M. There will Mrs. Baynes and son, David, who have Sunday with Mrs. C. N. Collins and be an interesting program and a full been here for the past week returned children on Arkwright avenue.

Present Conditions Justifies Ordering Coal As Early As Possible; Difficulty To Be Experienced By Those Who Don't Order Before The Winter

Homes will be cold next winter unless users order coal

are heated with coal. The problem is due to the war. The de-

White Oak Surgical **Dressings Class News**

Print Works To Gather The Crowd For Next Tuesday; Everyone Invited To Come

One small, devoted pup guards the property of the Navy Sub Chaser School, Miami, Fla., where he's mascot of the Boatswains Training Class. He ean't buy War Bonds, but he's appointed himself guardian of all the equipment your War Bonds buy, He puts it up to you.

White Cak Tuesday night or this week: Christine Smith, Dorothy Gar-warious steps to stop this drain of valuable manpower, but, OWI reports, "the losses have continued unchecked." Shortages of new and replacement equipment add to the difficulty.

Coal must generally be moved as fast as it is mined. Most of it is will and Leonard. Helen Powers, Hazel dames Eddie Pickard. J. O. Wheeter, Millard Leonard. Helen Powers, Hazel Owen, Elmer Southern, Misses Agnes Matthews, Louise Hester, Marie Hester, Maxine Lowe, Hilda Wright, Min-Reide Maxine Lowe, nie Fields and Lilian Tilley.

the crowd for next Tuesday night.

The following babies attended the coal car. Caddell.

Mr. and Mrs. W. C. Barnes and afternoon: Donald Talbert. Freddy minute to order his coal, many will daughter of Reidsville, Henry Wood of Leaksville, and Roy Kirkman of Spray, spent the week end with Mr. and Mrs.

Martha Brown, Elizabeth Faye Mea- at once. The only way they can do it dows, Arletta Meadows, Everette Mills is to spread the job out Mr. and Mrs. Carl Moore were called III. Jerry Wayne Beal, Robert Noah, summer and fall when the demand is Greensboro for the past 21 years. He is survived by two sons, Harry P. of the death of their granddaughter.

Mr. and Mrs. Carr Moore were called to Reidsville last Wednesday on account of the death of their granddaughter.

Jessie Neal Hobbs, Carrie Harris, Linnot so heavy. This means that the consumer must order his coal—now.

The Wednesday afternoon surgical Snow, G. M. 3rd Class, have returned to their bases after visiting their parents, Mr. and Mrs. C. L. Snow.

Those present were: Misses Marries Private week. Those present were: Misses
Peggy Cooper, Carol Garon Mary
Lonier Coloran Barty Law Whale Louise Coltrane, Betty Lou Wheeler,

now, the Office of War Information warns in a report on fuel prospects for the coming heating season.

Coal is abundant—underground. The problem is getting it to the cellars of the half of the homes of the nation that

mands of war plants this year, as well as the scarcity of other fuels, call for largest production of soft coal in history-600,000,000 tons. It is estimated that about 65,000,000 tons more tons than last year.

Mines are having a hard time filling this huge order. They lost 60,000 The following people were added to industries last year. The modern miners to the armed forces and other The following people were added to the roll of surgical dressing workers at White Oak Tuesday night of this week: Christine Smith. Dorothy Garner, Louise Garner, Evelyn McCollum.

Weight Fleaner Byrd and Sadie

ie Fields and Lilian Tilley.

Print Works is expected to swell but the late opening of navigation on heart and for next Tready pight. the Great Lakes may increase still more the task of the railroads. Coal comprises the largest load carried by train.

Householders can help, too, by no being fussy over the kind, size, and quality of the coal they buy, but taking any variety they can use.

Greensboro spent the holidays with Mrs. Blair's mother. Mrs. J. G. Montgomery. Loyal Wesley Class To Meet July 13th Proximity Locals

Mrs. Charlie Lowrey is on a visit

Mr. and Mrs. Homer Smith and daughter, Rachel, have returned

The best selling army laugh book of all time is

SEE HERE. PRIVATE HARGROVE

See the humor of the Army through Hargrove's eves. Read this smash-hit!

In This Paper
BEGINNING NEXT WEEK

miniature "lighthouse" has been installed at an industrial plant. The "lighthouse" emits ultraviolet health rays to keep war workers healthy. Fifteen people are treated at once, so that hundreds can be reached daily. Dr. F. K. Harder. City Health Word has been received that Theddeaus Martin has been promoted to the rank of Corporal. Mrs. Bill Martin spent the week end with his mother, sats. Phi wintlans. Word has been received that Thedrooming by Clinic on Wednesday afternoon. Other members at the rays to keep war workers healthy. Mrs. Bill Martin spent the week end with his mother, sats. Phi wintlans. Word has been received that Thedrooming by Clinic on Wednesday afternoon. Other members at the rays to keep war workers healthy. Mrs. Bill Martin spent the week end with his mother, sats. Phi wintlans. Word has been received that Thedrooming by Clinic on Wednesday afternoon. Other members attending with his mother, sats. Phi wintlans. Word has been received that Thedrooming by Clinic on Wednesday afternoon. Other members attending with his mother, sats. Phi wintlans. Word has been promoted to the rank of Corporal. Mrs. Bill Martin spent the week end with his botter. Sats. Phi wintlans. Word has been received that Thedrooming by Clinic on Wednesday afternoon. Other members attending with his mother, sats. Phi wintlans. Word has been promoted to the rank of Corporal. Mrs. Bill Martin spent the week end with his mother, sats. Phi wintlans. Word has been promoted to the rank of Corporal. Mrs. Bill Martin spent the week end with his botter, sats. Phi wintlans. Word has been promoted to the rank of Corporal. Mrs. Bill Martin spent the week end with his mother, sats. Phi wintlans. Word has been promoted to the rank of Corporal. Mrs. Bill Martin spent the week end with his mother. McDonald were new members at the Proximity Baby Clinic on Wednesday afternoon. Other members at the with his mother. Word has been promoted to the rank of Corporal. Mrs. Bill Martin spent the week end with his mother. Riff Rockford Hill, member of the Wildest Division. In the work end with his sunt, Mins Erck Percent P

THE TEXTORIAN

und-class matter January 28, 1928 at postoffice Greensboro, N. C. under act of March 3, 1879

PROX. PRINT WORKS



WHITE OAK REVOLUTION

Greensboro, North Carolina, Friday, July 9, 1943

Plan Ahead - Can

It is just as plain as day that by next winter the food situation is going to be most serious. From practically every reliable source we learn that canned fruits and vegetables, as well as other canned products will be extremely scarce. The Textorian has urged every one who possibly could to raise a vegetable garden. It is our understanding that a good many of the em- appeal patriotically. We appeal not in the glands, nerves, bones, skin, hair, nails, gardens, we urge them to try to obtain vegenext winter and spring.

will not go as far as they do now.

treme shortages. The situation is so invol- to read of the plight of the slave labor of ved and so tied up with politics that we nazi Europe to rededicate ourselves to even would not endeavor to try to offer a complete greater effort in furnishing the production a number of chemical substances or explanation. We can point out, however, the that is absolutely essential to the the slaves of Europe and to guaranfact that this country is having to feed an to free the slaves of Europe and to guaranthe proteins which supply all of the lamb shanks, stews, etc. Bones and flavor dish.

On the that we in this country will not become explanation. We can point out, however, the that is absolutely essential to win the war, top of that, we are having to supply to an the same type of slaves. appreciable extent the armed forces and civilian population of our allies. Furthermore, as the allies recapture countries, it is going to be their responsibility to see that the civilians of those countries are fed. It is apparent, therefore, that our resources in this country are going to be strained to the limit.

We urge our readers to look ahead and to plan ahead. No food products should be wasted, and all surpluses should be so preserved that next winter when the situation becomes more critical they will come in handy. Can, so that you can be sure to eat. old-fashioned icebox favorites - Jelly

Production Has Decreased

It is feared by many that our recent victories are responsible for a complacent atti- white, and a tiny bit of jelly. Today's Intotude by too many people. Several months ago when the tide seemed to be turning in 1000. our favor, many people were predicting that the European war would be over in ninety cuis. Mackaroons, and Naples Bistone European war would be over in ninety cuis. Mackaroons, and Naples Bistone European war would be over in ninety cuis. Mackaroons, and Naples Bistone Cakes. Mackaroons and Mackaroons and Naples Bistone Cakes. Mackaroons and Mac and even now we cannot see an actual betopping. Now apple butter, and a thin
boiled custard serve instead.

ginning of the end of hostilities. Just this week, the nation was officially

Chilled until the three are one, this Beat with rotary egg beater in Trifle has a tender texture, a high-until stiff notified that production has been decreased.

That is bad, as the quickest way we can spiced flavor, a richness worthy of an F.F.V. dessert. Try is so:

Apple Butter Trifle shorten the duration of the war is through increased rather than decreased production.

Cover bottom of rectangular dish with with shilling spread, placing in spread cake, cut 1 inch small piles—

Small piles—

grape July.

With this filling spread, placing in spread cake, cut 1 inch small piles increased rather than decreased production. Certainly, we cannot rest on our oars now, Spread with for if we do, we are going to have to row harder later on and for a greater and greater period of time. It is not a bunch of "hooey" or "bologna" (whichever expression | Serves 6. is more appealing) to say that absenteeism and other causes which reduce production are definitely prolonging the war. An individual may feel that what he or she does cannot possibly effect the war. That is entirely wrong, as the productive efforts of each and every individual in this country has a direct effect upon the war. One person who does not report for work when he or she could may feel that it will not matter. If a thousand such people do not report for work when they could, it is the same thing as an industrial plant employing one thousand people being entirely closed down. If ten percent of the employees of a plant are absent each day, it requires only plain arithmetic to determine that the production of that plant is decreased ten percent. It is realized that some absences are unavoidable, and no one has any criticism of the person who is kept away from work because of sickness, sickness in the family, death or other such causes. An analysis, however, of absenteeism definitely shows that a large number of people are staying away from work un-necessarily. It is to those people that we



ployees of the local mills have splendid name of their employers, but in behalf of Adults need protein to replace tissue as gardens. We are now urging every one to those boys who are fighting our battles all Adults need protein to replace tissue as can and preserve to the limit. Those who do over the world. We appeal in the names of pending upon weight and physical connot have surplus vegetables in their home their families who are missing them and are dition rather than upon activity. Individuals recovering from a long illness No Secret In Making looking forward to the day when they will need additional protein to build up Your Family Good Gravy tables elsewhere and to put them up for use return. We appeal in behalf of the freedom their bodies and restore strength. of all people, particularly those in those Already points are required to purchase countries who have been overrun by the as well as minerals and vitamins to practically all canned foods. If the shortage axis hordes. We appeal in behalf of the practically all canned foods. If the shortage axis hordes. We appeal in behalf of the children because they are building new tissue in addition to replacing broken thin, light or brown, the important thing is that it be smooth and full of ill not go as far as they do now.

Of us who feel that we are working hard now down cells, require two to three times as much protein per pound of body and are sacrificing much already need only weight as adults.



Streamlined Desserts Save Cream and Sugar

Restyled to suit the times are these Cake and Trifle. Once made with sugar, both dishes have been redesigned, Wartime refrigerator pudding now

Once a resplendent dish of "Ratafia

3/4 cup apple butter.

2½ cups warm custard (recipe be low.) Chill thoroughly

Custard Filling ne in top of double

1/3 cup sugar
5 tablespoons flour 1/2 teaspoon salt.

21/2 cups cold milk Cook over boiling water until thicke ed, stirring constantly. Cover and cool

Small quantity of hot mixture Add to remaining mixture in doubl hot water, stirring constantly. Add, stirring until blended-

Refrigerator Jelly Roll

egg white 1/3 glass (1/4) cup) currant

Form these piles into a roll or serving dish, then cover top and sides about 4 hours. Cut diagonally and serve on individual plates. Serves 6-8.

WHAT'S WRONG WITH THIS PICTURE?

Is Essential Element In Health For Victory

Both Adults And Children Require Protein To Build And Repair Body Tissues

Millions of pounds of meat, milk ggs, and cheese are being shipped torpedo bombers, which contained 4 oroad for our fighting men and our

There is only one reason, and that es in the determination of the governlies in the determination of the govern-ment to insure as far as possible that been inaugurated to evenly distribute

In our present vitamin-conscious world, the need for protein is somenes overlooked. Yet protein is essen tial building material

Red Cross blood donors should be

The quality as well as the uantity of protein needed must be considered n planning diets. Proteins consist of the making of a delicious dish. mino acids but the acids and amoun

of the proteins required should come to saved and used the same way.

All meat drippings should be s The protein of vegetable foods such as dried peas and beans, cereals, and nuts for children), and an egg each day—cornmeal muffins, baked dressing, nood les, spaghetti and rice. provide the protein that is

roticeable immediately but soon the blood becomes thin and the muscles shrunken and flabby. Children do not grow well. Adults fall below par physically and mentally, become slow in their mental reactions, and have a light of the property other hand evidence proves that a with salt and pepper.

Variations in promoting a longer, more vigorous life.

Athletic and Recreational Kits going as part of the liquid.

2. Meat balls with overseas contain several complete base ball and softball outfits, favorite spor of American soldiers, three footballs two soccer balls, three sets of boxing gloves, two table tennis sets, and various small games sets, equipment worth approximately \$180 at wholesale prices. The War Department recently placed new contracts for \$4,000,000 worth of additional athletic and other recreational equipment to meet th needs of service men at home abroad in coming months.

TWO MEN WORKING ONE man team working three

Muscle Building Protein Unanimity Of Purpose

At a meeting of the Society Automotive Engineers in Detroit, Rear Admiral Ralph E. Davison of the Navy's Bureau of Aeronautics painted a picture of the American industry which is doing the war job that is so bewildering to the Axis.

He described the production of the Navy's Wildcat fighters and Avenger torpedo bombers, which contained 40,allies. Meat and cheese are rationed rigid standards of weight and quality. here at home. Government officials are constantly checking on the nation's made in different plants, the plants supply of protein. Why?

motive industry's willingness to trans every man, woman, and child get the form its operations to large-scale manuprotein foods their health requires. War conditions have limited the supply of methods, and to exchange technical

It is this unanimity of purpos which has made staggering am armed forces, and those of us on the home front. The average adult man should have approximately 85 grams of high quality protein per day.

As President Mac Short of the Society said at the meeting, i "lost the battle of words on the con winning on the basis of action. Schedules are being met or exceeded, and we are settling the question of whose

build up their blood again. Growing Cline says that whether it's thick or

trimmings can also make the Liver Casserole to accept the called complete proteins.

They are called complete proteins.

Trimmings can also make to then then to then to the called complete proteins.

Use beef, pork, lamb or veal liver). Because the proteins of animal foods be used as a part of the liquid. Water complete proteins, at least one-half from cooked or canned vegetables can

All meat drippings should be saved. may supplement but cannot replace that overs. Sliced or diced left-over meat of animal foods. A serving of meat, makes a delicious main dish when heatcoultry or fish, a pint of milk (more ed in gravy and served over hot biscuits

For each cup of gravy desired, use If the diet does not contain enough two tablespoons drippings (fat), 2 protein, the effects may not become tablespoons of flour and 1 cup liquid in their mental reactions, and have a cook 5 minutes stirring constantly before adding the flour and liquid.

lowered resistance to disease. On the until smooth and thickened, Season 3. Season gravy from pot-roa

 For pot-roasts, patties and many other dishes, make a tomato gravy by with paprika or sage. Horst-radis adding finely sliced onion and using is a good seasoning for pot-roast and Athletic and Recreational Kits tomatoes, tomato juice, or tomato soup braised heart gravy.

2. Meat balls with onion gravy from the cooked meat.

OUR DEMOCRACY-MEN,-MATERIAL,-AND MONEY. WARS ARE WON BY MEN AND MATERIAL. FIGHTING MEN MUST HAVE FOOD, GUNS, CLOTHING, MACHINES THAT COST MONEY. THE REVOLUTION - OUR COST HALF A BILLION DOLLARS-A TREMEN SUM FOR OUR FOREFATHERS NOW WE ARE FIGHTING A WAR TO PRESERVE THE FREEDOM OUR FATHERS WON. IT IS COSTING THE UNITED STATES NEARLY HALF A BILLION DOLLARS EVERY TWO AND OWE-HALF DAYS. WE CAN PROVIDE THIS MONEY ONLY

The basic ingredients for gravy are drippings, flour and liquid (water, vegetable juices, or milk). Care in measuring and contributions and contributions and contributions. measuring and combining them can be the making of a delicious dish. Use the drippings from all cooked meats, roasts, steaks, chops, fried liver, salt pork, meat halfs heard of the salt pork the sal

PROVIDE OUR FIGHTING MEN WITH WHAT THEY NEED.

This liver casserole, is delicious in thickened. Add liver, celery, olives, flavor and is something new in a liver setsonings and mashed hard-cooked dish. kle first with bread crumbs, then with

pound sliced liver Water

tablespoons butter 2 tablespoons flour 134 cups liquid in which liver was cooked

cup sliced olives

teaspoon salt teaspoon paprika

tablespoon Worcest hard-cooked eggs cup buttered bread crumbe

Drope liver into water and simmer 5 of 1942, which was the previous los cubes. Melt butter, add flour and gradually pour in liquid, stirring unti

3. Season gravy from pot-roas

patties and braised steaks with a com bination of onion, satsup and mustard 4. Season gravy for veal and pork with the meat and thicken the liquid

IMPROVED FAMILY FINANCES and the keener war interest in security and protection are reflected in the fact that life insurance policyholders to a keeping their policies in force. So far values in life insurance policies been at a rate one-third below

chopped egg white. Bake uncovered in

a moderate oven (350 deg.F) 20 min-

utes or until thoroughly heated. Serves





lt's Going To Be COLD Next

Select Your Fur Coat Now! TAKE THE SUMMER TO PAY FOR IT!

GUARANTEED FURS—

LUXURIOUS SABLE DYED CONEYS FULL LENGTH COATS Sizes 9 to 40

PRICED \$59.50

SABLE DYED CONEY 24 Inch **JACKETS** \$29.95

CHINESE KIDSKINS \$99.00 **Full Length Coats**

Buy Your Coat Now--- Pay For It Gradually

USE YOUR CHARGE ACCOUNT!

SHION SH

308 South Elm Street

Phone 3-1155

Film Scout Saw Her



Two-year-old Marjorie Ann Mutchie stepped up to buy a \$1,000 War Bond — and landed

A. A calorie is a unit for measuring and the energy value of food.

as many calories per unit of weight

as either proteins or carbohydrates. O. What does fat do in the body be-

Q. What are four factors which help

more calories than an inactive or

Men's and Ladies' 40c
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Elizabeth Cassidey Honored At Party Last Thursday Night

Mrs. Ronald Wade Bolton and Mis Kathryn Cassidey gave a lawn party and buffer supper Thursday night at Mrs. Bolton's home, 1500 DeSoto place, for their sister, Miss Elizabeth Cassidey, who is to be married soon to Midshipman Garland Bryant Mur-

to Midshipman Garland Bryant Mur-ray, United States naval reserve. Mrs. J. B. Cassidey assisted her daughters. Guests with the honoree included Mrs. Ward J. Burgess, III. of Tampa, Fla., who is visiting her parents, Mr. and Mrs. C. T. Archer. Battleground road, Mrs. C. S. David. Asheville, guest of Mrs. Roger Black-wood, Harold Gavin, Robert Truitt, Carl Dobbins, Charles Rudeen, E. S. Hassell, Boyd Hartzoge, Edgar A. Maxwell, Weldon Roach, William Walter, Herman Hudson, J. E. Shadwick, Misses Hazel Nisbet, Alma Simp-kins, Evelyn Kelley, Catherine Kelly, Flossie Bobbitt, Mary Chrismon, Dor othy Short, Jane Weston, Betty Fetters, Ruby Meacham and Mary Bonewitz.

Miss Cassidey and Midshipman Thomas G. Davis, seaman second Murray have set Friday, July 30 as class, is spending a 10 day furlough st,000 War Bond — and landed in the movies. The talent scout who saw her arranged a screen test. Now she's Cookie in the blondie series, and she parents, 1204 West Market Street. The date may be altered a day dependent on the Bonds.

U.S. Treaskry Department of the military. The halds NITRITION and HEALTH

What is a calorie?
A calorie is a unit for measuring ter in marriage and Miss Kathryn Cassidey will give his daughter in marriage and Miss Kathryn Cassidey will be her sister's only attended to express both classidey will be her sister's only attended to express both cassidey will be her sister's only attended to the control of the co energy. It is used to express both the energy requirement of the body and the energy value of food.

States army, stationed at Due West. and the energy value of food.

Where do we get calories?

We get our calories from the properties. S. C., will be best man and ushers will be the bride's brothers-in-law, Edgar tein, fat and carbohydrate in the food we eat.

Without the proper food, the men alask. Without proper food the men who shoot the bullets, drive the tanks and the women who make the bullets, drive the tanks and planes won't have the energy to keep the supply flowing continuous-ly to the battle front. War—"John Brown't Body". The following year "John Brown's Body" was awarded the Pulitzer Prize, and was awarded the Pulitzer Prize. That tood, constituent is the most concentrated source of energy?

A. Fat, It supplies more than twice as many calories are related to the members of the family and intimate friends, to whom the wedding list will be restricted. ception for the members of the family

Reading & Writing

what does a does not be does not be sides supply hear and energy?

A. It carries the fat soluble vitamins and provides essential fatty acids.

Q. What are four factors which help determine the calorie requirement of an individual?

A. Size (height and weight), age, some common time and tried to prepare us spiriture and weight of the war, he threw all his finishing touches to a long narrative energies into writing poems and radio poems. It is the common time to be a discussion of the menace of factions and tried to prepare us spiriture and tried to prepare u activity, and growth.

Q. Why does a very active person need only he could tell it—of the early

That Stephen Vincent Benet died colonization of what we know today when he did, in the full tide of his Allies win bloodless battles. In the as the United States—particularly the founding of the Jamestown and Provincetown colonies.

when he did, in the land to the land to loss to powers, was an inestimable loss to American literature. That he was able surrendered without a shot being fired to finish his epic "Western Star" is when a truckload of food was shown

The poem was shown to the judges of the Book-of-the-Month Club while it was still in manuscript form, and they immediately selected it for distri- brities: Richardson Wright in "The to the side of the allies when invasions bution as one of the July choices. Bed-Book of Eating and Drinking" of these countries start. With their Rarely, the judges say, have they come tells of a state visit which Louis XIV food supplies pillaged by their nazi

across anything as thrilling as Benet's made to Rheims. At the gates of the conquerors, many of these people are city he was met by the city fathers, who addressed him thus: "Sire, we often benet's narrative norm of the American Civil in a state of starvation. They will selected Benet's narrative norm of the American Civil in a state of starvation. They will be welcome and help the soldiers who bring them food. stive poem of the American Civil gingerbread, our biscuits and our Fighting food waste starts right in

sedentary person?

Mr. Wright's book, aside from conmade out. Food purchases planned in
terms of the number of servings needed the heat and energy necessary

CRITERION DOUBLE FEATURE

Today and Saturday Bob STEELE - Tom TYLER

"WESTWARD HO"

with Evelyn Brent - Rufe Davis Three sons o'trouble on the advenarreled danger with six-guns going

lo. 2— Leon ERROL - Mary HEALY "Strictly In The Grove" t's the roo-zoot west . . . with your worite stage, screen and ra erry makers! Also: Cartoon

Sun. - Mon. - Tues. book that shocked the world! HOLT-Bonita GRANVILLE "HITLER'S CHILDREN"

ith Otto Kruger - H. B. Wars

Pause and refresh



Home On **FURLOUGH**

News Of Our Boys In Service



RUFUS L. SIMMONS, H.A.2e | 30th of this year, and is stationed a Rufus L. Simmons, H.A.2c, is home Bainbridge, Maryland, where he is in on a 10 day furlough to visit his parents, Mr. and Mrs. K. E. Simmons, next Monday. Greensboro, R-1.

A former employee of Revolution, land. He is stationed at Chelsea, Boston, Mass., and will return when his fur-

to an end. THOMAS G. DAVIS, SEAMAN 20 Thomas G. Davis, seaman second

been recognized as one of our greatest

something we can all be grateful for. to the commander.

A hint for welcoming visiting cele- win the peoples of conquered countries

preparation of food, contains scores of mean economical purchase—no waste amusing anecdotes. Such as the one to them. If Dad always comes back

about the cook of a friend of his who for seconds on spinach, Mother eats gave notice. What was the trouble? one good helping and Mary barely Weren't the wages satisfactory, the bed-finished a smaller serving, buying just

om, the time off? Yes, all these were. enough for three and a half see

They why was she leaving? "Because, means eating it all up-none left to

Ma'am, there's too much shiftin' of the dishes for the fewness of the food."

That's going to be one of the good results of rationing that is now in

When Winston Churchill arrived in effect. Limits are put on the amount which may be purchased, and everyone Henry Cassidy in "Moscow Dateline", still has enough.

his hand in his famous "V for Vic-tory" salute. The Russians did not know what he meant—the word for

"victory" in Russian is "pobeda". and there is surplus food do not let They speculated among themselves and it go to waste just because you are

finally decided that by raising his two getting tired of a certain food, but

fingers, Mr. Churchill was promising put it away in cans for the seasor them a quick Second Front.

THE POCKETBOOK

of KNOWLEDGE 15%s

Navy, February 2, ly employed at Revolution, left Wed-1943, and receiv- nesday of this week for a new station ed his training at after spending approximately 10 days wife, Mrs. Ruby more Comer, and his labor. Bainbridge, Mary- here visiting his



Without the proper food, the men task. Without proper food the me

PVT. ALVIS JAMES COMER Private Alvis James Comer, former-

parents, Mr. and Mrs. David Comer. R-1. Greens-He is at-Ala., and has just completed training on maneuvers is listed in the Army

America's food supply, tremendou

though it is, isn't growing fast enough

to keep up with the demands made

Food can help America and her allies

the home when the shopping lists are

sources of supply

Red Tape Wastes Time In Some Cases "For three years," said Mr. F. H.

Sexauer, president, Dairymen's League Cooperative association, "the farmers Cooperative association, "the farmers of the United States have produced bumper crops. It may be difficult to solve the farm labor problem, but much can be done to help farmers ob-tain needed machinery. In New York hayrakes, harrows, cultivators, mow-ing machines, hay loaders, tractors, pumps, grain drills, milking machines and milk coolers—218,000 pieces are needed for replacement and 90,000 veal and smoked pork should be roast-

Farmers are now forced to waste We no longer sear meat, because

for textile and leather finishing.

One carrot left to shrivel, one apple ature will be maintained. One carrot left to shrivel, one apple (if there are any) allowed to rot, one slice of bread permitted to grow moldy may not seem like great waste. But multiplied by the carrots and apples and bread from thenation's 34 million homes, they would supply nourishment for many families of workers and for many fighting men. nany fighting men.

from the front porch.

Fight food waste! That's a war job the winter and next spring.

Housewives Learn Thrift Lessons Anew

Wise preparation can do much to state alone, farmers will need 300,- All meat should be cooked slowly to decrease the cooking losses and thus hayrakes, harrows, cultivators, mow- increase the number of servings obmore to make up for the loss of farm ed in a 300 deg. F. oven and fresh pork in a 350 deg. F. oven.

time fighting to get things they need tests have shown that searing meat to work with and in complying with bureaucratic red tape. If farmers are instead of sealing them in the meat tached to the 81st to do an all-out job of producing cut. Chops, steaks, and patties should Division. Field food—if the nation is to avoid severe be broiled slowly so that by the time Artillery, received scarcity—farmers must be free of they are browned on one side, they his training at Camp Rucker, practical help."

The hatton is to avoid set of they are browned on one side, they will be half done. It is advisable to place 2-inch steaks or chops in the GRAPE SEEDS YIELD AN OIL broiler so their surface is 3 inches from the heat, and 1-inch steaks, chops or patties so their surface is 2 inches from the heat. Thus a low broiling temper-

many fighting men.

Once America was known as the land of plenty and full garbage pails. Today the full garbage pail is a stigma equal to flying the nazi crooked cross from the frost pacets. rom the front porch.

Don't waste that extra food this ovens or burned roasting pans to clean) ummer, can and preserve it up for and (2) greater platability (meat is juicier and better flavored).



UNUSUAL FACTS REVEALED

THE MONEY PAID OUT TO provide an income of more than \$45 time Commission. week for some 500,000 families for A MECHANICAL "WAVEtwo years.

orange tree is used to tenderize beef.

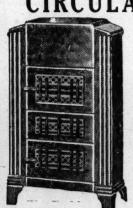
DELIVERY OF FIVE life insurance policyholders and bene-ficiaries last year would be sufficient to routine, according to the U. S. Mari-

Maker" simulates the ocean's roll and EXTRACT FROM THE OSAGE pitch in order to test various types of orange tree is used to tenderize beef.



A Small Deposit Will Reserve Any of These Stoves for Future Delivery!

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Circulators that are designed to give maximum heat with a minimum of fuel consump tion! They are attractive in appearance, too. If you're really going to need one . . look into these "buys" now EASY TERMS!





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A heater built for real service . . . 2 eye top . . . all cast iron. See these heaters before you buy!

" CAROLINA PRIDE" **Hot-Blast**

HEATER

Here is a quality hot blast coal-burning heat-er that will really keep you warm in cold weather! Yes, it's a "Carolina Pride" . . . your assurance of "tops" in quality and



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RANGES

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as the Warm Morning . . . hold-ing 100 pounds of coal at one fueling. Your fire will last from 2 to 3 days without bother.

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Phone 4802

China Enters 7th Year War



President Lin Sen of the Chinese Republic and Generalissimo Chiang
Kăi-shek represent the permanent and th dynamic forces in the Chinese people.

Kăi-shek represent the permanent and the dynamic forces in the Chinese people.

They have led the 450 millions through six hard years of fighting and holding down aworl d world aggressor in the global war.

For instance, take the story of the largely a household drugge in a city farmer who was told that his wife must be given serious consideration.

Me've gone back to many of the ways of our grandmothers. We've rounded up all the glass jars we can find for simple, for he said, "I can't understand there can be no physical health. Some lumps and art, for every drop of grease. We walk and

shores of Attu - aircraft and naval specialized military equipment vessels of the types that forced the sur; in U.S.A." prise surrender of Pantelleria - bom bers like those engaged in softening You Gan Store Up emergency rations, Radar and the new amphibious trucks—these are reprecontative of U. S. made combat equipworkers an active part side by side with picked U. S. troops in front-line in-

ago at a training base in Scotland.

The toughest volunteers from the Army made up this battalion, which swarmed ashore in North Africa from skill of thousands of war production workers in practically every state in the Union: machine guns, Garand rifles, jeeps, trucks; mines, grenades, camouflaged materials, even shirts, manpower survey.

war is the first and most important took part in the occupation of several African airfields. Rangers made a ten-mile all-night march over rugged mountain terrain to aid in a daybreak mountain terrain to aid in a daybreak and see the kind of things we of a several African airfields. First tested Maturally tactics and weapons to be used, like the place and time, are mountain terrain to aid in a daybreak secret—never more so than today. But attack at Djebel Ank. First tested the United States is prepared with successfully during the Allied raid on Dieppe, the battalion—grown to applastics, new machines, new cars, new battle, and with men who have become proximately 600 men—was part of the battalion—grown to applastics, new machines, new cars, new battle, and with men who have become experts in the use of their Americanmade weapons under fire from entrenched foes.

Landing barges like those which bead of Allied evaluations and fought steadily for three months in Tunisia. A spearfor three months in Tunisia. A speak

Landing barges like those which head of Allied onslaught, the Rangers and get the facts from those who proved successful on the fog-bound have been aided in their exploits by

Here's something it's all right to of U. S. Infantry—shock troops patterned after the British Commandos—which came into existence some time

EVERY SEVENTH PERSON U. S. crocodile boats, with equipment engaged in the life insurance business Division, are as follows:
whose manifold parts represented the before the outbreak of the war was in 1. Have between-meal snacks of



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WBIG To Broadcast Series Of Postwar Talks

Leading Industrialists Take Part In "Industry Looks To The Future" Radio Program

Information On Invasion Weapons And Their Use

American-made materials of war, produced in far-flung U. S. war plants
—from Seattle to Key West, from Bangor to San Diego—have already played and will continue to play a top role in the coming, assaults on Axis forces all over the world, including the invasion of the "fortress of Europe", whenever and wherever that action takes place.

Naturally terties and most important

will discuss the amazing discoveries that have been made in the glass industry; Cloud Wampler, president of the Carrier Corporation, who will rate to will discuss the amazing discoveries simple, for he said, "I can't understand the there can be no physical health. Without mental health there can be no physical health. Without mental health there can be no physical health. Without mental health there can be no physical health. Without mental health there can be no physical bealth. Some warything could' have bappened to the carrier Corporation, who will rate to make possible United Nations feats work including the laundry. Yet there's a difference. For no matter how simplified our lives below much we have to deny ourselves tunity for making friends was necestatements by John Zinssert, president, who will talk on the brilliant future of the food industry. Also featured are statements by John Zinssert, president of the National Gypsum Co.

Working and fighting to win this and news was quite simple, for be said, "I can't understand the weapthing could' have bappened to the raining. We carefully save every drop of grease. We walk and contacts, than they do for a space of years, and yet of role and very drop of grease. We walk and contacts, than they do for a space of years, and yet of winds the mental health there can be no physical bealth. Without mental health there can be no physical bealth. Without mental health there can be no physical bealth. Without mental health there can be no physical bealth where can be no physical bealth there wis mile, so of our grandmothers. We've rounded up all the glas

keep down the accident rate. These foods make a definite contribution to is satisfied for the first time in years this strange time in which we live

Hot weather food tips for workers suggested by the Nutrition in Industr

milk, citrus fruit, fruit juices or to 2. Eat a raw vegetable salad ever

3. Start the day with a good break fast including citrus fruit, cerealwhole grain or restored-toast and

offee, cocoa or milk.

4. Use plenty of salt on food. 5. Drink water freuently.

"Round Robins" Dangerous

The practice of communicating wit groups of soldiers through robins" or news letters is being dis couraged and is deemed inadvisable and dangerous by the War Department Under the "round robin" system, letter is sent to a soldier who is former employee of a company or member of a social organization and also members of the group. Inadver-tently these replies tend to become anthologies or military information and a security hazard.

LIFE INSURANCE FUNDS RE presenting the "pooled resources" of 67,000,000 policyholders are flowing into U. S. Government Bonds at the rate of \$10,000,000 a day in direct aid to the war effort.

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SPEAKING OF HEALTH

By DR. VICTOR G. HEISER Medical Consultant Nation Association of Manufacturers

LOOKING BACKWARD

A special series of transcribed statements by well-known industrialists and businessmen on postwar subjects has been prepared by the National Industrial Information committee for broadcast over Station WBIG on Thursdays from 9:45 P. M. to 9:50 P. M.

These exclusive talks are packed with information about the many wonderful things industry is planning to produce once the war is won.

They reveal a broad and vitally in-

with information about the many wonderful things industry is planning to produce once the war is won.

They reveal a broad and vitally interesting panorama of what our world of tomorrow can be like, and provide a preview of the thousand and one new products now being developed by industry to assure jobs for all in a post-war world of prosperity and plenty. Among the men whose views will be featured in these five minute programs are Lammot DuPont, chairman of the Board, E, I. DuPont de Negrans are Lammot DuPont, chairman of the Board, E, I. DuPont de New Moure and Co. Wilmington, Delaware, mours and Co. Wilmington, Delaware, months are conduct tan be said to move on for nice and stylish clothes, for dancing, for other forms of social life and amusement, cannot be denied without amusement, cannot be denied with

For instance, take the story of the largely a household drudge in a city



THOUGHTS ON WASH DAY

Typical of these American invasion forces and their standard American equipment is the 1st Ranger Battalion of 11 Standard in the work abundant in the sundant in the sunda

you ate", but it is more likely to be something you "should have et," ac- Strangely enough I'm finding these ly washing was on the line I'd be too cording to the Nutrition in Industry Monday mornings some of the pleasant-Division of the Food Distribution Ad-est half-days in the whole week. It But my electric machine works magic.





HE GOT THAT WAY RIDING TRAINS ON WEEK-ENDS.

Meat Sauce Used With Your Spaghetti

Meat sauces are good eating any that homemakers are constantly on the alert for ways to extend meat. Served

of this great country have performed miracles of production the past two years, although not to provide conveniences for our homes. But when they can be greated as great at the provide they can be greated as greated to be extended. Meat is one of our most important foods. Its high uality protein, vitamins, and minerals make it a valuable part of the diet. Sharing the meat supply requires careful preparation as well as wise pleased. they can be geared to peacetime work once more they will be able to produce such plenty for the homes of Americans that all women can have the machines that make housekeeping a pleasure.

Cooking at low temperatures conserves the meat supply. More and larger servings can be obtained from roasts,

Tune in your radio on these talks—
and get the facts from those who know.

The last of the clean, white sheets flaps on the line, and while the washing machine tumbles the colored clothes over and over in the sudsy water, I sit and wait and admire my work. It's the first time in years I've done all the family washing. But laundry service in our town is cut and we're asked to do what we can at home.

Meanwhile, this emergency has made it necessary for many of us who had turned much of our housework over to others to do it again and discover what a satisfaction there is in cleaning and washing. cooking and canning when you do them for your family's sake, with pride and love!

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Meanwhile, this emergency has made turned much of our housework over to others to do it again and discover what a satisfaction there is in cleaning and washing. Cooking and canning when you do them for your family's sake, with pride and love!

I cup diced raw pork or veal hot over boiled rice.

39,535 Jeeps for the Army



Six-year-old Betty Turner, Arlington, Va., representing the school children of the 48 States and Alaska, presents Lieut. General Brehon Somervell, Commanding General of the Army Service Forces, one Jeep of the 39,535 purchased for the Army by the sale of War Bonds and Stamps in the schools. Robert Brawner, 17, Colonel of Cadets at George Washington High School, Alexandria, Va., presents a commemorative plaque, U.S. Treasury Department

Chop Suey Is Valuable Meat Extending Dish

be prepared so that its nutritive value is preserved. At the same time the flavor of the less plentiful foods must be extended. Meat is one of our most

Meanwhile, this emergency has made steaks, chops, patties and cuts cooked slowly until vegetables are do

- 11/2 cups diced celery
- 1/2 cup liquid from beans or bean
- can green beans or bean sprouts
- teaspoon pepper
- 2 tablespoons water

Cook meat in drippings celery and liquid, Cover and cook

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Extra Deep Box Spring and Pure Long Staple

of an EXTRA DEEP box Spring with a pure long staple Cotton Felt Mattress. Both Spring and Mattress are of extra quality. This unit of sleeping equipment is unsurpassed for rest-inducement and durability. SEE IT TODAY! You'll sleep better . . .

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